

More and more people are becoming seriously overweight. Some people say that increasing the price of the fattening foods will solve this problem.

To What extent do you agree or disagree?

Today, presented by the modern era, ~~a~~ today's lifestyle overshadows all human activities and ~~emerges~~ creates controversial problems such as fatness. I think that although fast food as a fattening type of food is one of the most crucial factors for that, but the cause is not only ~~one of~~ fast food.

To begin with, I can say roughly more than half of the individuals get involved with jobs which are the sitting work, spending most of their time in sitting gesturepositions, so the more being inactive physically, the more getting fat.

Consequently, although this cutting-edge technology era ~~deserves~~ provides you with whatever is needed only by pushing one click, it gives rise to indolence whose effect can be obesity by itself. Besides, lack of time is ~~as~~ another considerable factor, ~~gone~~ are the days that people ~~advocate~~ dedicated their time to ~~make~~ making healthy foods and today rarely can you find a person without consuming fast food frequently, because the time-taking image has permeated individuals' mind.

To put it in a nutshell, I personally opine that there are excessively ~~varied~~ various solutions to prevent obesity ~~and fatness~~ while increasing the price of the fattening foods is only one of them. Even though, this solution can be possibly effective, the other ones, as meticulously planned measures, such as encouraging people to do exercise in that it would be a daily routine for them and also employers can dedicate some break time and designed places to physical activities which not only can it prevent to fatness, but also leads to more efficiently.